

2021 Prayer Focus 21 Days of Prayer

January 4-24, 2020

We know that it can sometimes be difficult to know what to pray for. That's why we've designed this guide to help you through the 21 Days and, hopefully, into the rest of your life. Take minute to read through this guide and familiarize yourself with the content. Our hope is that it will help lead you into powerful times of connecting with God through prayer.

Every Day Prayer Focus

The following are general prayer points that you can pray for every day of the 21 Days.

- Humble ourselves. Asking for forgiveness for our sins and the sins of our land.
- Seeking God. Declaring our dependence on God in every area of our lives.
- His Kingdom Come. Praying for the completion of the Great Commission and for revival in our generation.
- Hear from Heaven. Inviting the Presence of God in our church and our lives (souls saved, signs, wonders, miracles, and transformed lives.)
- Next Steps. Praying for all people in their journey of faith to Know God, Find Freedom, Discover Purpose, and Make a Difference
- Believing God for answered prayer to our specific needs.

Praying Through Scripture

One of the keys to praying prayers that work is to pray the Word of God. The following are three prayers from that you can pray based on scripture. These prayers are a regular part of Pastor Adam & Kristin's prayer life & they'd like to encourage you to make them a part of yours as well.

The Prayer of Surrender

Romans 12:1-2

*And so, dear brothers and sisters, I plead with you to **give your bodies to God** because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. 2 Don't copy the behavior and customs of this world, but let God transform you into a new person by **changing the way you think**. Then you will learn to **know God's will for you**, which is good and pleasing and perfect.*

- I surrender my body through obedience.
- I surrender my mind through reading God's Word.
- I surrender my will through prayer.

Check Your Oil

Isaiah 11:2

And the spirit of the LORD shall rest upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the LORD.

- Rest upon him - Intimacy
- Spirit of wisdom - Order & administration
- Spirit of understanding - Vision & clarity
- Spirit of counsel - Make right decisions
- Spirit of might - Supernatural energy
- Spirit of knowledge - Insight
- Fear of the Lord - Integrity

Prayer of Jabez

1 Chronicles 4:10

And Jabez called on the God of Israel saying, "Oh, that You would bless me indeed, and enlarge my territory, that Your hand would be with me, and that You would keep me from evil, that I may not cause pain!" So God granted him what he requested.

- Bless me - Tangible & intangible blessings
- Enlarge my territory - Increase influence, responsibility, opportunities
- Your hand would be with me - Before me, behind me, cover me
- Keep me from evil - Walk worthy of the call & of the cross

Daily Specific Prayer Focus

Each day of the 21 Days we have a specific prayer point that we will be praying together as a church. You will find a quick overview of the topic, our heart for this topic, how to pray, and a scripture that correlates with the topic.

Date	Emphasis	Overview	Scripture
Monday, Jan. 4	Presence of God	We believe one moment in the presence of God changes everything. God's presence brings vision, breakthrough, and hope, which is why we are so passionate about pursuing His presence in every area of our lives. Let's pray today for a hunger for the presence of God. We do not want to move forward without His presence, so may He go before us and surround us in all we do as a church!	<i>Jeremiah 29:13</i>
Tuesday, Jan. 5	Surrender	If there's an area of your life that is not under the Lordship of Christ, then it is up for grabs to be lorded by someone or something else. We must daily surrender our body, our mind, and our will to the Lord. Let's pray today that the Holy Spirit would show us any area of our lives that we are still trying to control. Let's pray "THY will be done", not "MY will be done."	<i>Romans 12:2</i>
Wednesday, Jan. 6	Unity	There is power in unity. In Genesis, God said, "The people are united... nothing they set out to do will be impossible for them." Satan loves to sow seeds of division, negativity, and gossip. He knows that a house divided against itself cannot stand. Let's pray Philippians 2:2 that our church would be "of one mind, having the same love, being united in spirit and in purpose."	<i>1 Corinthians 1:10</i>

Date	Emphasis	Overview	Scripture
Thursday, Jan. 7	Generosity	We believe we are blessed to be a blessing. Our church wants to take every opportunity to be generous with our time, talent, and treasure. Generosity is not a “have to,” it’s a “get to”. Nothing excites us more than leading the way with generosity. Let’s pray today for a heart and spirit of generosity to sweep through our church. A generous church is a growing church, and that’s exactly what we want to be.	<i>Proverbs 11:24-25</i>
Friday, Jan. 8	Kingdom Builders - Local, National, Global Missions	Jesus commissioned us to take the gospel from here to there and we take His words to heart. Our mission is to make Jesus known locally, nationally, and globally. Let’s pray today for every person in our church to catch the vision of missions. Let’s pray for every tribe, language, people, and nation to join the family of God. Let’s pray for missionaries to be sent from our church, and for our generosity to grow exponentially as a church so that all may hear the gospel of Jesus Christ!	<i>Matthew 24:14</i>
Saturday, Jan. 9	Kingdom Builders - Next Generation Leaders	We believe the next generation can and will do greater things than we ever could. That’s why we gladly invest in our kids, students, young adults, and future leaders. Let’s pray today for our kids to grow up in homes full of love and purpose. Let’s pray for our students and young adults to seize every opportunity to share the name of Jesus, and let’s pray for our future leaders to do more than we ever could.	<i>Psalms 127:3-5</i>
Sunday, Jan. 10	Kingdom Builders - Local Ministry Expansion	Our vision is to see God add daily to His Church, and we are privileged that He continues to choose Realife Church as a place where He directs people to find the grace and hope of Jesus. We know our community is full of people who need to know Jesus. Let’s pray for God to expand our reach and influence. Let’s pray for wisdom and financial resources to meet our facilities needs. Let’s pray for an anointing on our church to reach more!	Matthew 16:18
Monday, Jan. 11	Our Lead Pastors	We would not be here today without the obedience, sacrifice, and vision of Pastors Adam and Kristin. Their family took a giant leap of faith because they believed in what Realife Church could become. Today, we reap the fruit of their leadership and pastoral love for us, so it’s with joy that we pray for their family today. Let’s lift up Pastors Adam and Kristin, Emri-Kate, Drew, and Cooper as we launch into a week of praying for our church!	<i>1 Thessalonians 5:12-13</i>

Date	Emphasis	Overview	Scripture
Tuesday, Jan. 12	Our Pastoral & Support Staff	Our pastors and support staff are the spiritual shepherds, leaders, and caregivers for our church. They inspire us to grab God's best for our lives. They are there to help us navigate through challenges and life decisions, and they equip us to become more like Jesus every day. Let's pray today for our staff and their families. Let's pray they are filled to overflowing with the power of the Holy Spirit.	<i>1 Timothy 5:17</i>
Wednesday, Jan. 13	Our Leadership Advisory Team	At Realife Church, the Leadership Advisory Team provides spiritual and financial oversight for all that we do. Our LAT is passionate about Jesus Christ. They are proven leaders in their spheres of influence, and have a heart to see our church reach it's fullest potential. They are people of humility, prayer, and wisdom. Let's pray today for their families and that God would continue to give them courage and insight to lead our church into the future.	<i>Isaiah 11:2</i>
Thursday, Jan. 14	Our Weekend Services	The primary way we help people know God is through our Weekend Services. We believe our services should include celebration, inspiration, application, and salvation. We are passionate about creating a place people love so they can experience a loving God. Let's pray today for God's presence to fill our services and His anointing to be on every element, and that lost people will find Jesus every weekend in every service.	<i>Romans 10:17</i>
Friday, Jan. 15	Our Small Groups	At Realife Church, we believe discipleship happens best in the context of relationships. It's in our Small Groups that people find freedom from their past and grow in their knowledge and understanding of God. Jesus didn't call us to make converts, He called us to make disciples. Let's pray today for new Small Group leaders to rise up in 2020 and for our Small Group engagement to increase from 50% to 75% of our weekend attendance.	<i>Hebrews 10:24-25</i>
Saturday, Jan. 16	Our Growth Track	We know that God's children will never truly live until they discover why they were born. God has uniquely shaped, equipped, and designed each one of us for a purpose. The Growth Track helps people discover their purpose and develop their gifts so they can make a difference in the lives of others. Let's pray today for 200 people to discover their purpose on the Growth Track in 2020.	<i>Ephesians 4:11-13</i>
Sunday, Jan. 17	Our Dream Team	It takes hundreds of volunteers every single week to make Realife Church happen. We have an amazing team of people who are using their God-given spiritual gifts, talents, and experience to make a difference for eternity in the lives of others. Let's pray today that God would bless them beyond measure, encourage them in their calling, strengthen them in their weakness, and help them to see the fruit of their labor.	<i>Matthew 9:37-38</i>

Date	Emphasis	Overview	Scripture
Monday, Jan. 18	My Church Vision for 2020	Our church is at a pivotal point in it's growth. We are seeking God for direction the area of facilities. Our ministry team is growing and expanding. Our ministry opportunities and influence is growing locally, nationally, and globally. God has called Realife Church for such a time as this. Let's pray today for wisdom, favor, and anointing over all of our leaders, events, finances, conferences, and ministries. Let's pray that God will open doors that no man can open, and close doors that no man can shut!	<i>Matthew 16:18</i>
Tuesday, Jan. 19	My Personal Vision for 2020	Everyone ends up somewhere but few people end up somewhere on purpose. The question is where does God want you to be at the end of 2020? What does He want your family, career, fitness, relationships, finances, and most importantly your spiritual walk to look like? Let's pray today for fresh vision, for dreams to be fulfilled, for divine strategies to maximize our God-given potential this year.	<i>Proverbs 21:30</i>
Wednesday, Jan. 20	My Place of Influence	God has placed you in a specific sphere of influence for a reason and a purpose. Whether your sphere is large or small you are responsible for the place God has put you. You are called to be a light in the darkness; a city on a hilltop. Let's pray today for God to empower us to bring the Gospel in our homes, schools, workplaces, gyms, and neighborhoods.	<i>Matthew 5:13-14</i>
Thursday, Jan. 21	My Freedom	Regardless of how long we have been serving the Lord, we all have areas that need growth and development. The enemy is constantly trying to keep us sidelined with temptation, guilt, shame, apathy, and more. Let's pray today for personal freedom from the sin that so easily entangles us; for freedom and deliverance from the lies of the enemy; and for breakthrough in every area of our lives!	<i>Isaiah 54:17</i>
Friday, Jan. 22	My Spiritual Growth	Our prayer for everyone at Realife Church is that they would take their next step in their spiritual growth in 2020. We don't ever want to settle where we are at, but we want to always stay hungry for more. Let's pray today for our spiritual growth. Pray that you would grow in your understanding of God's Word, in your prayer life, in the utilization of your gifts, and in your personal evangelism.	<i>2 Peter 1:5-9</i>
Saturday, Jan. 23	My Needs	We believe we serve a good heavenly Father who wants to give good gifts to His children. He knows the number of hairs on your head and He cares for you deeply. We serve a God who will supply all of our needs according to His riches and glory. Let's pray today for our finances, health, loved ones and any other personal needs you may have.	<i>1 Peter 5:7</i>

Date	Emphasis	Overview	Scripture
Sunday, Jan. 24	Praise The Lord	We believe 2020 is going to be a year of the Lord's favor, blessings, guidance, healing, protection, and empowerment. We believe this for our church and we believe this for your life. As we close out the 21 Days, let's give God praise for all He has done and let's praise Him in advance for all He is going to do. The best is yet to come!	<i>Psalms 71:14-15</i>

FASTING

The goal of fasting is to draw nearer to God. Biblical fasting always has to do with eliminating distractions for a spiritual purpose; it hits the reset button of our soul and renews us from the inside out. It also enables us to celebrate the goodness and mercy of God and prepares our hearts for all the good things God desires to bring into our lives. Remember, your personal fast should present a level of challenge, but it is very important to know your body, your options, and, most importantly, to seek God in prayer and follow what the Holy Spirit leads you to do.

TYPES OF FASTS

Your personal fast should present a level of challenge, but it is very important to know your body, your options, and most importantly, to seek God in prayer and follow what the Holy Spirit leads you to do.

Complete Fast

In this type of fast, you drink only liquids, typically water with light juices as an option.

Selective Fast

This type of fast involves removing certain elements from your diet. One example of a selective fast is the Daniel Fast, during which you remove meat, sweets, and bread from your diet and consume water and juice for fluids and fruits and vegetables for food.

Partial Fast

This fast is sometimes called the "Jewish Fast" and involves abstaining from eating any type of food in the morning and afternoon. This can either correlate to specific times of the day, such as 6:00 am to 3:00 pm, or from sunup to sundown.

Soul Fast

This fast is a great option if you do not have much experience fasting food, have health issues that prevent you from fasting food, or if you wish to refocus certain areas of your life that are out of balance. For example, you might choose to stop using social media or watching television for the duration of the fast and then carefully bring that element back into your life in healthy doses at the conclusion of the fast.